What To Do In An Emergency

- Try to remain calm, reassure others and think before acting
- Make sure 999 has been called if people are injured or if there is a threat to life
- Do not put yourself or others in danger and follow the advice of the emergency services
- Don't forget about your pets, their equipment and pet food.
- Have a prepared kit for when an incident occurs.
- When you are told that it is safe to return home, open windows to provide fresh air before arranging for gas, electricity and water supplies to be reconnected.

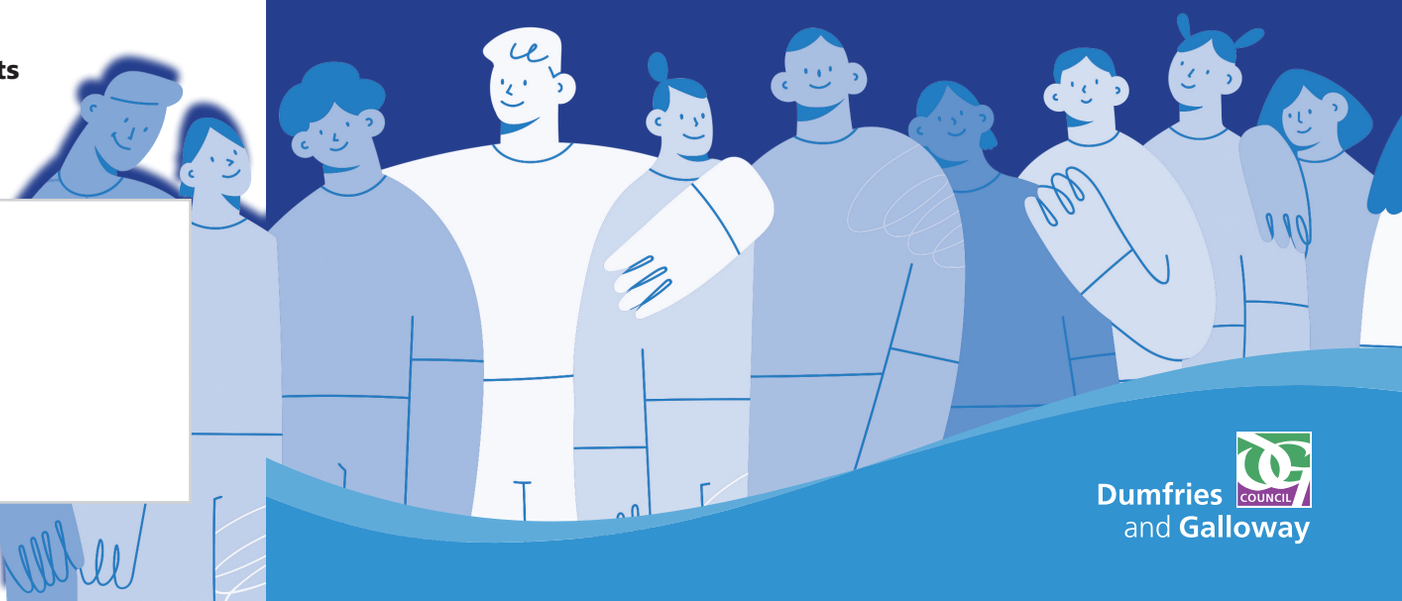
Suggested Emergency Kit Checklist Items

- A **radio** with spare batteries or a wind up radio
- A **torch** with spare batteries or a wind up torch
- **Sleeping bag / roll mat / duvet**
- **A First Aid kit**
- **Copies of important documents** like birth certificates, insurance policies and this plan
- **Bottled water** and ready to eat **food** (tinned food), with a can opener if required. Enough for 3 days if trapped at home.
- **Toiletries, sanitary supplies**
- Prescribed **medication**
- Playing cards, games/some form of entertainment
- Any **special equipment** for **infants** or the **elderly**
- **Mobile phone** and **charger**
- **Cash/credit cards**
- **Spare clothes/blankets**
- **Home/car keys**

General Notes

Household Emergency Lifesaving Plan

In the event of a major incident, it may be some time before the emergency services can help you, making it important that you and your family make the best decisions and preparations to take care of yourselves.



Dumfries and Galloway COUNCIL

As an individual, household or family, agree on a plan in advance.

Complete the following and keep it safe should you need to use it.

Where will I go if I am evacuated from my house?

Where will we meet as a family if we are all evacuated?

Who will pick the children up?

Who will switch the Electricity, Gas and Water off before leaving?

You should check your neighbours - they may need your help.

Neighbours to the left		**Neighbours to the right**	
Name(s)		Name(s)	
Home No		Home No	
Mobile No		Mobile No	

Key Contact Information

In an emergency always dial 999 when there is a risk to life or property.

- **Dumfries and Galloway Council Contact Centre**
  Tel 030 33 33 3000
  (when calling "out of hours" press 1 for Care Call).
- **Police Scotland Tel 101**
  The non-emergency for any policing issues in your area.
- **NHS 24 Tel 111**
  For urgent care advice and mental health support day or night from NHS 24.
- **Scottish Power Tel 105**
  To report or get information about power cuts in your area.
- **BT Openreach**
  Tel 0800 023 2023
  To report telephone issues in your area.
- **Scottish Water**
  Tel 0800 077 8778
- **Scottish Gas**
  Tel 0800 111 999
  For emergency issues such as a gas leak.

Doctor
Work
Car Insurance
Home Insurance
Mobile Phone
Home Phone
Council Ward Officer
Elected member(s)

Useful web information search for DGVost dumfries and Galloway